

Practical Krav-Maga instruction examination form

Student's Full Name _____

Date: _____

Topic	Details	Grade	Comments
Class beginning	Appearance Introduction of the subject		
Set-up	Class and students positioning/arrangement		
Safety	Maintaining students safety Maintaining eye contact with students Maintaining order during the lesson Proper safety instructions... Timed properly		
Demonstrations	Demonstrations and explanations Several relevant angles Level of demonstrations		
Breakdown	Proper Breaking-down		
Teaching Skills	Movement, location, of the instructor Clarity of speech, Intonation Proper fixing of mistakes, Use of feedback Attending each student Making eye contact Demonstrating self confidence Proper counting		
Advanced teaching	Imagery Mantra Motor transfer Equipment Touch		
Technical knowledge	Terminology Performance level		
	Was the lesson interesting?		
Comments:			

Final Grade _____

Examiner name

Examiner signature